

## ORGANIC & PRESERVATIVE FREE

Where possible we have included organic &/or preservative free food. Our range of Coffee, Teas, Hot Chocolate and Wines are all organic, but we are especially proud to use only natural flavourings in our thickshakes such as organic chocolate, passionfruit and strawberry puree.

## BREAKFAST

- ☞ **Fresh Fruit** natural Greek yoghurt, honey, almonds 8
- ☞ **Gluten Free Muesli** Greek yoghurt & rhubarb compote or stewed apple 9
- Vanilla & Cinnamon Risotto** with stewed apple 7
- Beviamo Wholemeal Banana Loaf** - two pieces toasted 7
- Scrambled Eggs** with toast of your choice 12
- Toast & Spread** with toast and 2 spreads of your choice 7
- Freshly Baked Croissant** with 2 spreads of your choice 5.5
- Toast: Ciabatta, Wholemeal or Gluten-Free Seed G-F +2**
- Spreads: Vegemite, peanut butter, strawberry jam, marmalade, Nutella™**

### Popular sides

- Avocado 4
- Egg Mayo Mix 5
- Swiss Cheese 4
- Shaved Ham 5
- Tuna Mayo Mix 5
- Fresh or Roast Tomato 4

## LIGHT BITES

- Soup of the day 8
- Chickpea puree & Olives 15
- Bruschetta al Pomodoro 15
- Egg Mayo & Tomato 15

## ORGANIC COFFEE

by Aroma Aroma Australia has won Champion Roaster in 2014 & 2015 at Australian International Coffee Competition Calfe Beviamo's own Organic blend uses Columbian & Ethiopian beans

- Piccolo Latte / Long Black 5.50
- Mocha / Flat White / Cappuccino / Latte / Chai / Hot Choc 5.50
- Iced Choc / Iced Tea / Iced Coffee 6.50
- Large Coffee 8.50
- Espresso / Macchiato 4
- Iced Mocha 8
- Affogato 7
- Babycino 2
- Extra Shot
- Soy / Oat / Almond Milk 1

## ORGANIC TEA

Loose tea leaves, served in pot

- English Breakfast / Earl Grey / Green / Peppermint / Lemongrass & Ginger 8



## FRESH JUICES & THICKSHAKES

- Juices** Apple / Carrot/ Celery / Ginger / Mint / Orange / Pear / Pineapple 8
- Milkshakes** Banana/ Butterscotch / Chocolate / Passionfruit / Strawberry / Vanilla 8
- Aqua Panna 500ml / San Pellegrino 500ml 5
- Coke / Coke Zero / Sprite 4



## SALADS

- Antipasto** ham, tomato, avocado, rocket, whole Kalamata olives, goat curd 22
- Beetroot** roast beetroot, sweet potato, rocket, feta, hazelnut, balsamic 17
- Chicken** poached fillet, lemon mayo, avocado, celery, almonds in iceberg lettuce 18
- Mediterranean** mesclun, tomato, feta, cucumber, red onion, whole olives 17
- Rocket & Pear** parmesan, walnuts, white balsamic dressing 14
- Smoked Salmon** cherry tomato, avocado, boiled egg, mesclun, capers, lemon, olio 19

## SANDWICHES

choice of Ciabatta, Wholemeal or GF w/seeds +2

- Beef** roast tenderloin fillet, cheese, avocado, tomato relish, lettuce 18
- Caprese** fresh bocconcini, tomato, basil pesto 15
- Chicken** poached chicken fillet, cheese, basil pesto, zucchini 16
- Egg** boiled egg & spring onion salad, tomato, lettuce 14
- Ham** leg ham, tomato, red onion, spinach, cheese 16
- Kumera** sweet potato, spinach, cheese, semi-dried tomato pesto 14
- Salad** avocado, beetroot, carrot, cucumber, tomato, lettuce 14
- Tuna** tuna, capers & parsley mayo, red onion, tomato, cucumber 17

## PASTAS

Linguine, Orecchiette or Gluten-Free Penne +2

- Bolognese** traditional beef 16
- Prawn** marinara or Aglio Olio 16
- Sausage** pork & fennel sausage, garlic, peas, spinach, sesame seeds 16
- Tomato** simple tomato sauce, fresh bocconcini, basil 14
- Aglio**, garlic, fresh red chilli, parsley 13
- Pesto** homemade basil pesto 14
- Greens** garlic, broccoli, peas, spinach, pinenut, basil oil 16
- Gnocchi** simple tomato sauce 15
- Ravioli** spinach & ricotta, tomato sauce, baby spinach, parmesan 18
- Lasagne** traditional beef bolognese & béchamel 18

## PIZZAS

- Margherita** tomato, fresh bocconcini, basil oil 16
- Prawn** prawns, garlic, cherry tomato, red chilli, parsley 17
- Hawaiian** leg ham, crushed pineapple 17
- Pepperoni** pepperoni, green chilli, red capsicum, parsley 16
- Chicken** poached chicken fillet, mushroom, pesto, mozzarella, rocket 17



## GLUTEN-FREE

Many items are naturally gluten-free like the vanilla risotto with stewed apple. Our muesli is both gluten-free & pesticide free and a gluten-free pasta option. For something sweet with coffee our Friends are baked daily on premises.



GST & Service Charge is additional

## DESSERTS BAKED DAILY BY OUR PASTRY CHEF

- Sticky Date Pudding** a generous portion of vanilla ice cream sandwiched by pudding and drizzled with homemade butterscotch sauce 9
- Pavlova** a nest of meringue with vanilla ice cream and a medley of seasonal fresh fruits, complimented by a passionfruit syrup 9
- Chocolate Brownie** with chocolate sauce 5
- Add 1 scoop of vanilla ice cream 2

## CAKES

- Apple sponge cake 5
- Carrot cake 6
- Brownie 5
- ☞ Friends 4
- ☞ Lemon zucchini muffin 4
- Blueberry muffin 5
- Lamingtons 4
- Strawberry puff 6
- Plain or Raisin scones with butter & jam 4
- Pear tart 5
- Hummingbird cake 6

## COOKIES

- Choc-Chip 2
- Yo-Yo Shortbreads 2
- Hundreds & Thousands 2
- Gingerbread 4



## ORGANIC WINE & BUBBLES BY TAMBURLAINE

Tamburlaine Australia produces only organic wines from grapes grown in the Hunter Valley and Orange Wine regions. The wines are award winning & rated 5 Star by James Halliday

**High & Dry Premium Cuvee 10.5%** - Fizz with bright acidity, complex nutty autolysis characters and zesty green apple fruits 15/75

**Sauvignon Blanc 2020 12.5%** - Ripe passionfruit, kiwifruit and green apple flavours with zesty acidity and a fresh finish 15/75

**Chardonnay 2020 13.3%** - Ripe stone fruit and sweet pineapple, lightly oaked with a long, creamy finish 15/75

**Pinot Noir 2023 13%** - A fuller style with dark cherry fruit and forest floor complexity. It shows toasty oak and gentle, savoury tannins 17/80

**Grenache, Shiraz, Malbec (GSM) 2020 14.1%** - Medium weight, generous blue fruit, cherry, subtle spice, and fine tannins - Delicious! 15/75

**Full House Red 2019 14.8%** - Blend of 5 grape varieties ethernet Sauvignon, Merlot, Petit Verdot, Cabernet Franc & Malbec Blackcurrants, blueberries, dark chocolate, earthy truffles, and black olives from French oak barrel maturation 15/75

**Beer** Little Creatures 300ml 52% 11