

ORGANIC & PRESERVATIVE FREE

Where possible we have included organic &/or preservative free food.
Our range of Coffee, Teas, Hot Chocolate and Wines are all organic as well.



BREAKFAST

- ☺ **Fresh Fruit** natural Greek yoghurt, honey, almonds 8
- ☺ **Gluten Free Muesli** Greek yoghurt & rhubarb compote or stewed apple 9
- ☺ **Vanilla & Cinnamon Risotto** with stewed apple 7
- Beviamo Wholemeal Banana Loaf** - two pieces toasted 7
- Toast** Ciabatta, Wholemeal or **Gluten-Free Seed** +2 7
- Spreads: Vegemite, peanut butter, strawberry jam, marmalade, Nutella™
- Scrambled or Sunny Side Up Eggs** with toast of your choice 12
- Freshly Baked Croissant** with 2 spreads of your choice 5.5

Popular sides

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|--------------|-----------------|-------------------------|
| Avocado 4 | Egg Mayo Mix 5 | Swiss Cheese 4 |
| Shaved Ham 5 | Tuna Mayo Mix 5 | Fresh or Roast Tomato 4 |

LIGHT BITES

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|---------------------------|----------------------------|
| Soup of the day 8 | Chickpea puree & Olives 15 |
| Bruschetta al Pomodoro 15 | Egg Mayo & Tomato 15 |

ORGANIC COFFEE

Aroma Australia, awarded Champion Roaster at the Australian International Coffee Competition in 2024 and 2015, crafts Beviamo's exclusive Organic blend using premium Colombian and Ethiopian beans.

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|--|-----------------------------|
| Piccolo Latte / Long Black 5.50 | Matcha 8 |
| Mocha / Flat White / Cappuccino / Latte / Chai / Hot Choc 5.50 | Iced Matcha/Iced Mocha 9 |
| Iced Choc / Iced Tea / Iced Coffee 6.50 | Affogato 7 |
| Large Coffee 8.50 | Babycino 2 |
| Espresso / Macchiato 4 | Extra Shot/Soy/Oat/Almond 1 |

ORGANIC TEA

Loose tea leaves, served in pot

- English Breakfast / Earl Grey / Green / Peppermint / Lemongrass & Ginger 8



FRESH JUICES & MILKSHAKES

- Juices** Apple / Carrot/ Celery / Ginger / Mint / Orange / Pear / Pineapple 8
Milkshakes Banana/ Butterscotch / Chocolate / Passionfruit / Strawberry / Vanilla / Oreo^{NEW!} 8

- Water** Aqua Panna 500ml / San Pellegrino 500ml 5
Soft drinks Coke / Coke Zero / Sprite 4
Sparkling drinks San Pellegrino Blood Orange / Lemon / Grapefruit & Orange 5
Ginger Beer 5

SALADS

- Antipasto** ham, tomato, avocado, rocket, whole Kalamata olives, goat curd 22
- Beetroot** roast beetroot, sweet potato, rocket, feta, hazelnut, balsamic 17
- Chicken** poached fillet. lemon mayo, avocado, celery, almonds in iceberg lettuce 18
- Mediterranean** mesclun, tomato, feta, cucumber, red onion, whole olives 17
- Rocket & Pear** parmesan, walnuts, white balsamic dressing 14
- Smoked Salmon** cherry tomato, avocado, boiled egg, mesclun, capers, lemon, olio 19



SANDWICHES

choice of Ciabatta, Wholemeal or GF w/Seeds +2

- Beef** roast tenderloin fillet, cheese, avocado, tomato relish, lettuce 18
- Caprese** fresh bocconcini, tomato, basil pesto 15
- Chicken** poached chicken fillet, cheese, basil pesto, zucchini 16
- Egg** boiled egg & spring onion salad, tomato, lettuce 14
- Ham** leg ham, tomato, red onion, spinach, cheese 16
- Kumera** sweet potato, spinach, cheese, semi-dried tomato pesto 14
- Salad** avocado, beetroot, carrot, cucumber, tomato, lettuce 14
- Tuna** tuna, capers & parsley mayo, red onion, tomato, cucumber 17

PASTAS

Linguine, Orecchiette or Gluten-Free Penne +2

- Bolognese** traditional beef 16
- Prawn** marinara or Aglio Olio 16
- Sausage** pork & fennel sausage, garlic, peas, spinach, sesame seeds 16
- Tomato** simple tomato sauce, fresh bocconcini, basil 14
- Aglio**, garlic, fresh red chilli, parsley 13
- Pesto** homemade basil pesto 14
- Greens** garlic, broccoli, peas, spinach, pinenut, basil oil 16
- ☺ **Gnocchi** simple tomato sauce 15
- Ravioli** spinach & ricotta, tomato sauce, baby spinach, parmesan 18
- Lasagne** traditional beef bolognese & béchamel 18

PIZZAS

- Margherita** tomato, fresh bocconcini, basil oil 16
- Prawn** prawns, garlic, cherry tomato, red chilli, parsley 17
- Hawaiian** leg ham, crushed pineapple 17
- Pepperoni** pepperoni, green chilli, red capsicum, parsley 16
- Chicken** poached chicken fillet, mushroom, pesto, mozzarella, rocket 17



GLUTEN-FREE

Many items are naturally gluten-free like the vanilla risotto with stewed apple. Our muesli is both gluten-free & pesticide free and a gluten-free pasta option. For something sweet with coffee our Friends are baked daily on premises.



DESSERTS BAKED DAILY BY OUR PASTRY CHEF

- Sticky Date Pudding** a generous portion of vanilla ice cream sandwiched by pudding and drizzled with homemade butterscotch sauce 9
- Pavlova** a nest of meringue with vanilla ice cream and a medley of seasonal fresh fruits, complimented by a passionfruit syrup 9
- Chocolate Brownie** with chocolate sauce 5
Add 1 scoop of vanilla ice cream 2
- Amarena Fabbri (Bologna 1905)** two scoops of vanilla ice cream topped with Amarena Fabbri cherries and their rich cherry sauce 8

CAKES

- Apple sponge cake 5
- Carrot cake 6
- Brownie 5
- ☺ **Friends** 4
- ☺ **Lemon zucchini muffin** 4
- Blueberry muffin 5
- Lamingtons 4
- Strawberry puff 6
- Plain or Raisin scones with butter & jam 4
- Pear tart 5
- Hummingbird cake 6

COOKIES

- Choc-Chip 2
- Yo-Yo Shortbreads 2
- Hundreds & Thousands 2
- Gingerbread 4



ORGANIC WINE & BUBBLES BY TAMBURLAINE

Tamburlaine Australia produces only organic wines from grapes grown in the Hunter Valley and Orange Wine regions. The wines are award winning & rated 5 Star by James Halliday

- High & Dry Premium Cuvee 10.5%** - Fizz with bright acidity, complex nutty autolysis characters and zesty green apple fruits 15/75
- Sauvignon Blanc 2020 12.5%** - Ripe passionfruit, kiwifruit and green apple flavours with zesty acidity and a fresh finish 15/75
- Chardonnay 2020 13.3%** - Ripe stone fruit and sweet pineapple, lightly oaked with a long, creamy finish 15/75
- Pinot Noir 2023 13%** - A fuller style with dark cherry fruit and forest floor complexity. It shows toasty oak and gentle, savoury tannins 17/80
- Grenache, Shiraz, Malbec (GSM) 2020 14.1%** - Medium weight, generous blue fruit, cherry, subtle spice, and fine tannins - Delicious! 15/75
- Full House Red 2019 14.8%** - Blend of 5 grape varieties ethernet Sauvignon, Merlot, Petit Verdot, Cabernet Franc & Malbec Blackcurrants, blueberries, dark chocolate, earthy truffles, and black olives from French oak barrel maturation 15/75
- Beer** Little Creatures 300ml 5.2% 11